

Private Pay Physical Therapy Services:

Initial Evaluation: (1 Hour): \$95.00

Follow-up Treatment: (30 mins.): \$50.00

Follow-up Treatment: (45 mins.): \$75.00

Consulting Services:

1st 10 minutes : free (by appointment) then every 15 minutes after is \$30.00

Home Safety Assessment:

Assess client's home for home safety issues, fall prevention and equipment needs and/or home modifications. (1 hour): \$60.00

“Walk Tall, Don’t Fall”: Osteoporosis/Osteopenia Program: (Offsite)

10 minute Consultation: free by appointment

Initial Evaluation: (1 Hour): \$90.00

Follow-up visits: (generally 45 mins.): \$60.00 done 1-2x/week for 4-6 weeks depending on the client's impairments / level of bone health.

“Back on Track” Post Rehab Program: (Offsite)

10 minute Consultation: free by appointment

Initial Fitness Assessment: (1 Hour): \$35.00

Follow-up Training Sessions: (30-40 mins.): \$30.00 per session

6 Session Package: \$180.00 (does not include assessment)

Personal Training Sessions: (Offsite)

Initial Fitness Assessment: (1 Hour): \$65.00

Follow-up Sessions: (1 Hour): \$50.00

*Please call to see if we are having any current fitness package specials during the year

Group Training Programs: (Offsite) (2-5 Individuals in a group)

Each Individual Fitness Assessment: \$35.00

Group Sessions: \$20.00 per person for each session

Women's Wellness Program: (For women ages 18 yrs. to 70 yrs)

10 minute consultation: free by appointment

6 Week Program: (1 Hour 2x wk): \$525.00

(This package includes an initial assessment, follow-up sessions and weight loss/strengthening program)